Tour de Tulsa

Tour de Tulsa has been a spring cycling ritual for Tulsa-area cyclists for more than 30 years. The charity bike ride is hosted by the Tulsa Bicycle Club and the Tulsa Health Department. More than 800 cyclists from across the state and region participate each year.

The 32nd annual Tour de Tulsa is scheduled for Saturday, May 4, 2019 at OSU Center for Health Sciences.

Participating cyclists have the opportunity to meet other cyclists, get some miles under their belt and maybe ride their first century of the season.

Tour de Tulsa offers routes ranging from 25 to 100 miles, as well as a 5 or 10-mile family fun ride.

Pathways to Health

The proceeds from Tour de Tulsa benefit Pathways to Health, which unites over 90 local agencies, organizations, corporations and health systems together to improve health outcomes in Tulsa County.

Pathways to Health was formed in 2008 in response to a challenge to decrease the overlap of health services and identify gaps where health leaders are missing vulnerable populations. The goal of Pathways to Health is to connect community health resources to those who need it most. Pathways to Health brings together local community health stakeholders to share ideas, increase synergies, and complement each other’s strengths. We believe through partnership anything is possible.
This year, Pathways to Health has awarded the following 15 community health partners with grants to leverage projects that align with the goals of the Community Health Improvement Plan.

**CAP’s Early Childhood Program** was awarded $1,000 to purchase Spot Vision Screeners to screen children as young as six months old.

**Kendall Whittier** was awarded $2,000 to purchase bike racks to promote active transportation.

The **City of Broken Arrow** received a $1,000 grant to install 33 bicycle route signs to connect 110,000 residents to local schools, parks and commercial nodes.

**Tulsa Public Schools** will expand its current Farm to Market nutrition education and transport 1,000 3rd-5th grade students to attend the event. **TPS** was awarded $2,200 to cover the cost of transportation-$68 per bus with each bus holding 48 students.

**INCOG** received a $1,000 grant to fix and repaint the crosswalks on the intersection of 21st Street and Garnett Road to encourage residents of East Tulsa to walk and cycle.

The **Tulsa Hub and Casa de la Cultura** were awarded $1,000 to implement the Tulsa Bike Rack Mural Project. This project aims to install artistically-designed bike racks at various locations within the area.

**R.I.S.E.** was awarded $1,000 to facilitate an educational series on shopping and cooking for a healthier lifestyle.

The **Take Control Initiative** is the only program that provides free long-acting reversible contraception (LARC) services in the state and was awarded $2,500 to train clinicians on clinical best practices related to LARC.

The **Tulsa Health Department** was awarded $1,000 for its fourth annual Community Baby Shower in 2018. The event educates pregnant women and their family members about the factors contributing to infant mortality and connects them to local parenting and health resources.

**Emerson Montessori Foundation, Inc.** was awarded $1,000 to promote and demonstrate healthy, sustainable farming, and eating to children and the community.

The **Greenwood Cultural Center** was awarded $500 to help launch a farmers’ market attracting residents of north Tulsa and the surrounding downtown area.

**Challenger 7 Park Community Garden & Food Forest** was awarded $1,000 to help purchase tools and resources for their garden, located in a west Tulsa desert.

The **North Tulsa Community Coalition** was awarded $1,500 to conduct focus groups to understand issues residents face and develop an action plan to address those issues.

**The Dennis R. Neill Equality Center and Oklahomans for Equality** was awarded $500 for the recruitment and training of interns to staff the mental health helpline. The helpline will be a new and free service providing support, brief interventions, psychoeducation, and referrals to LGBTQ+ callers from Oklahoma.

**River Parks** was awarded $1,000 to purchase an Eco-Counter, which will allow the organization to know how many people use its trails system. This quantifiable data will give River Parks the opportunity to improve and expand the uses of the trail system.

For more information on Pathways to Health, visit [www.pathwaystohealthtulsa.org](http://www.pathwaystohealthtulsa.org)
### Sponsorship for Tour de Tulsa 2019

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*To be provided by sponsor by April 15th, 2019.

Thank you for your interest in sponsoring the 32nd annual Tour de Tulsa. Please make checks payable to Pathways to Health and include Tour de Tulsa on the notes section.

For more information on the sponsorship opportunities above, please contact Leslie Carroll at lcarroll@tulsa-health.org.